



June 2023

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS MEETING
MINUTES OF MAY 20, 2023**

Call to order: The Chair, Valerie D., called the meeting to order at 9:30 A.M. The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Guy H.

Present: Cathy F., Guy H., John C., Valerie D., Zach M., Israel A.,
Office Manager

Present by phone: Andre G., Arnie B., Gary M., Jo K., and KC B., International
Executive Secretary

A. Minutes for April 15, 2023:

A motion was made to approve the minutes as written:

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

B. Operating Statement for April 2023:

A motion was made to approve the April 2023 Operating Statement as written.

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 1**

Roll Call vote follows:

Andre G. – yes
Arnie F. – yes
Cathy F. – yes
Gary M. – abstained
Guy H. – yes
Jo K. – yes
John C. – yes
Val D. – yes
Zach M. – yes

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners – one, NV-1
- New Cans – none

- Group Information requests forms received – one, Duluth, MN (registration only)
- Group information request forms received prior to sending starter kits - three.
- Three Starter Kits were sent out as follows, after receiving the Group Information Forms for the month of April: Susanville, CA, Nebraska City, NE, and Bloomfield, NJ
- Prison starter kits – none
- Venmo and Zelle donations were \$1,693.38: Groups \$619.00, 1x Donations. \$334.38, Life-Liner Donations \$440.00, I.S.O. Can Donations \$202.00, Intergroups Donation \$50.00, Bulletin Subscriptions \$48.00.

B. International Executive Secretary Report – KC B.

- April bulletin completed and sent to printer.
- May bulletin in progress.
- Attended Cleveland BOT meeting.
- New area approved – Area 38 – Philippines. We already have a trustee who is eager to work for her area.
- B.O.T. Executive Board elections.
- Working on B.O.T. meeting minutes.
- The first draft will be prepared by the first week of June. The due date to distribute to the Trustees is 6/8/2023.
- Sent the new Group Handbook to the formatter before leaving for Cleveland and received the formatted handbook Friday May 19. The goal is to get the new Group Handbook to the I.S.O. for printing before the end of the month.
- Current priorities are the B.O.T. minutes and the May bulletin.

C. By-Laws Committee Report – Jo K.

- It was reported that the activities of the Committee have been paused.

- The B.O.T. agenda item passed to make the By-Laws appropriate instead of approved literature.
- A meeting will be scheduled to discuss the future of the Committee.

D. Finance Committee – John C.

- The Committee had a meeting on May 11, 2023. Topics discussed included:
- Increased literature sales in March.
- The new Lifeline awareness flyer including suggested distribution instructions.
- There were questions as to if the flyer had been approved to distribute to the entire fellowship and the Chair reported that the flyer had only been approved to distribute to the Trustees at the B.O.T. meeting.

A motion was made to distribute the Lifeline flyer to the fellowship as written.

**MOTION SECONDED AND PASSED
FOR – 6 AGAINST – 2 ABSTAINED – 1**

Roll Call vote follows:

Andre G. – yes
 Arnie F. – yes
 Cathy F. - no
 Gary M. – yes
 Guy H. – no
 Jo K. – yes
 John C. – yes
 Val D. – abstained
 Zach M. – yes

- It was reported that future Finance Committee meetings would be suspended unless requested by the B.O.R.

E. DISCUSS AGENDA ITEMS FROM BOT MEETING THAT AFFECT THE B.O.R. AND I.S.O.

A motion was made to table the discussion.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

NEW BUSINESS

**A. DISCUSS NEW EVENT IN THE SPRING “UNITY WEEK” –
Andre G.**

- It was proposed that the new event be held 6 months after the annual Gratitude Week and the first one would be in March 2024.
- It was suggested that the new B.O.R. would approve the event and since four of the new B.O.R. are part of the outgoing Board, one of them should present it.

**B. DISCUSS PRICING FOR NEW BIG BOOK-SHARING
RECOVERY THROUGH GAMBLERS ANONYMOUS –
John C.**

A motion was made to sell the new blue book at \$7.50.

**MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 1 ABSTAINED – 0**

Roll Call vote follows:

Andre G. – yes
Arnie F. – yes
Cathy F. – yes
Gary M. – no
Guy H. – yes
Jo K. – yes
John C. – yes
Val D. – yes
Zach M. – yes

**C. DISCUSS REMOVING BY-LAWS FROM I.S.O. ONLINE
STORE.**

- A suggestion was made to list the By-Laws on the Order Form in the same way as the Guidance Code, which is not sold.
- A comment was made that the B.O.R. needs to wait for two votes before the By- Laws can be removed from sale.

- A suggestion was made to modify the order form to include version dates for literature.
- A motion was made to change the By-Laws on the Order Form to replace the price with a dash and include the note: “(download at www.trusteewebsite.com)”

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

A motion was made to remove the By-Laws from the online store.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

D. DISCUSS RESULTS OF NEWLY ELECTED B.O.R. MEMBERS. – KC B.

- The results of the B.O.R. elections at the 2023 Spring B.O.T. meeting are as follows in alphabetical order:

Ara H., Burbank, California
 Arnie B., Bradenton, Florida
 Bob W., Rancho Cucamonga, California
 Jo K., St. Louis, Missouri
 John C., Anaheim, California
 Laura M., Rancho Cucamonga, California
 Lloyd A., Delray Beach, Florida
 Valerie D., Paramount/Lakewood, California
 Zack M., Anaheim, California

- First on the replacement list is Joe C., from Rancho Cucamonga, CA

E. DISCUSS B of A CD THAT IS MATURING ON MAY 27, 2023. – John C.

- It was reported that liquid CDs are always a 9-month term. at %0.01.

A motion was made to rollover the Bank of America liquid CD.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

F. REVIEW EMPLOYEE SALARIES. – Val D.

- Israel, KC, and members listening in on the conference call were asked to leave the meeting so the B.O.R. could discuss.
- The Board discussed the attitudes of the employees and their willingness to assist when the Office Manager went part-time due to an injury.
- A formal written evaluation form pertaining to job description and performance will be formulated for future job evaluation.

A motion was made to increase employee salaries for the coming year beginning July 1, 2023 - June 30, 2024.

Number of people who called in to listen to the meeting: one

Collected: \$25.00

The meeting ended with the Serenity Prayer at 11:54 A.M.

Next meeting will be June 17, 2023.

Respectfully submitted by Guy H., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

RECOVERY PROGRAM

As I go through the Recovery Steps this year, I will be using several different pieces of our literature for these steps. I am using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at www.gamblersanonymous.org.

I hope you find these helpful and they help you in your journey in some way.

Step 6 – Were entirely ready to have these defects of character removed.

Some of our character defects:

Anger	Inadequacy
Arrogance	Intolerance
Anxiety	Jealousy
Bigotry	Laziness
Conceit	Profanity
Condemnation of others	Procrastination
Dishonesty	Remorse
Egotism	Resentment
False Pride	Revenge
Fear	Selfishness
Frustration	Self-Pity
Hatred	Self-Seeking
Impatience	Worry

Housecleaning is not easy, especially when the dirt has been building up for so long. Most compulsive gamblers slither through life hiding from themselves and now strive to remove the mask so that one can see oneself.

In Step Four, we discovered many wrongs and after this discovery, strived to bring these wrongs to the surface. In Step Five, we admitted and discussed these defects with someone else.

The relief was magnificent. For the first time in a long time, one can feel as though one is no longer playing catch up. You will feel as though you could make it if you practiced the program and asked for and accepted the help of your Higher Power.

In Step Six, these defects of character must be worked on and eliminated, if you want the best chance possible to arrest this illness. We're told that character defects and negative emotions are really disturbances to serenity. Strive for serenity and see that very little upsets you in this goal. In the old days, everything was disturbing. Now, our awareness will prevent us from going back into the old way of life.

Your actual list of character defects is the best place to start. Based on your newfound knowledge of yourself, select the one with which to start. One is all you can handle at a time. If you pick your worst defect, any success will certainly help as you work on the others.

Be willing to move slowly and steadily and realize that every human being has character defects, but retaining yours may lead you back to gambling. You

shouldn't subject yourself to these disturbances of serenity because you will place undue burden on your recovery.

At first, you may feel comfortable with some of these defects and are fearful about parting with them. But you will, given time, see the need for change and realize that these old enemies must go.

Willingness and honesty will be required to repeatedly try Step Six on all our defects.

- We should become willing to mature and grow.
- We must approach our growth slowly. "One Day at A Time."

DISCUSS:

- Did our aim at maturity start before or during GA?
- Has our honesty improved?
- Are we more open-minded and willing to listen to others?

There is no spiritual effort required to want to eliminate obvious destructive excesses.

- Most members are prone to settle for gradual improvement and just enough recovery to get by.
- Many members feel stopping gambling is "enough."
- Any child will pull their hand off a flame.

DISCUSS:

- Why should our recently discovered defects be removed?
- Why should we attempt to "clean house"?
- Name defects that we cling to and are unwilling to remove until later. Why?

Step Six tells that we have natural talents for procrastination.

- We dwell on our self-determined objectives and goals.

DISCUSS:

- Is it our responsibility to widen our limited objectives and change our personality to a more perfect character?
- Express your interpretation of a Higher Power's will for you. Is there a meaning or purpose to your life?
- Are abstaining members an example for 1st timers and newcomers?

Step Six is a pivot and turning point within the Recovery Program.

- Many pause and become undecided.
- Many balk at a view of personal perfection and the continuous effort(s) that will be required to change one's personality.

DISCUSS:

- What is the meaning and benefit of the slogan “One Day at A Time?”
 - Are we the masters of our fate? “The Boss”?
 - Which is within our grasp: perfection or efforts towards perfection?
-

From the desk of your International Executive Secretary.

As we finish the June edition of the Lifeline Bulletin, I would like to thank all the people, groups, Intergroups, and R.S.O.’s who send in contributions of some kind to help your International Service Office keep the doors open and help compulsive gamblers who still suffer.

Be on the look out for Gratitude Week information. This year, Gratitude Week will be Sunday September 10 through Saturday September 16, 2023. There will be a flier/letter sent out soon to your Intergroup and/or RSO, as well as your trustees.

Below, you will see a list of literature suggestions. This was recently approved as appropriate literature at the Board of Trustees meeting in Cleveland in May. This flier will soon be sent out to all trustees and Intergroups to get it into meeting rooms. I hope it’s helpful for some of our members! As you’ll see, with each step of abstinence/recovery, there is a list of suggested literature that might help our members in their journey.

What was Step 6 like for you? For me, becoming ready to have all my defects of character removed was quite a feat. It was an amazing feeling to just become ready for it. I had my list of defects, I had them listed in priority order and I was ready! When I came into the program, I jumped in with both feet and worked on not looking back at all. Practice makes progress, right? If you would like to share your experience, strength, and hope with the fellowship, feel free to write your story on how you worked the steps. I would love to read them!

Yours in recovery and gratitude, KC B.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.

- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear Israel,

Thank you for all you folks do at the I.S.O. It is great to be a part of an organization that saves lives, mine included.

Thanks, Frank M., Daytona, Florida

Dear I.S.O.,

Enclosed is a donation for 2023, as well as a donation in the memory of Fred S., who recently passed away.

Jeff H., Pittsburgh, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from the Tuesday Night 12-Step House, Ft. Lauderdale, Florida room. We are a small room with very big hearts. The room has been sharing what we can with the I.S.O. each month.

Keep up the good work and wish for serenity for all.

Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is a donation from Wednesday Night West Seneca, as well as Monday Night Bowmansville room, Area 16.

Derby, New York

Dear I.S.O.,

Enclosed is a donation from our room treasury that closed due to COVID and was never reopened.

Gail M., Middletown, Connecticut

Dear I.S.O.,

Always thank God for your support as we meet in need and leave less burdened, hopeful.

Helene M., Stevens Point, Wisconsin

Hello,

Enclosed is a donation from the Thursday Night Oakland/Kensington Group in Kensington, California.

Jeff H., Kensington, California

Dear I.S.O.,

Enclosed is a donation from the Thursday Night Plantation Women Preferred room. They are w wonderful group of ladies that support both the ISO and our local Intergroup. They encourage men to attend when there is a celebration, but they also welcome someone who just needs a meeting. This room has been a beacon for those that choose a quieter, gentler way to recovery.

For the ladies, Neal G., Plantation, Florida

Dear I.S.O.,

Enclosed is a donation for Gratitude Week from the Thursday night Love of Christ GA meeting.

Thanks for all you do, Abbi S., Mesa, Arizona

Dear I.S.O.,

Thank you for your service to the greater good of Gamblers Anonymous!

Best Regards, Drew J., Fort Worth, Texas

Dear I.S.O.,

Thanks for all your support. The S.J. Monday room voted to send a donation to the ISO.

Don Y., San Jose, California

Dear I.S.O.,

Enclosed please find a donation from the Warwick, Rhode Island Thursday Night Group.

Thank you for all you do.

Marcia S., Warwick, Rhode Island

Dear I.S.O.,

Enclosed is a donation from the Friday Night Arnold, Missouri GA meeting.

We are grateful to have a room for a meeting.

Laura T., Fenton, Missouri

ANNOUNCEMENT OF UPCOMING EVENTS

2023 and Beyond – Area 18A

42nd National Conference

August 25 – 27, 2023

Mantra Tullamarine Hotel

2 Trade Park Drive

Tullamarine, VIC Australia 3043

For more information, email gaconference18a@gmail.com or visit gaaustralia.org.au.

Live for Today

San Diego 2023

September 8 – 9, 2023

Doubletree by Hilton San Diego Mission Valley

7450 Hazard Center Drive

San Diego, CA 92108

For more information email sdgaconference@gmail.com

Taking Steps in Unity, On Our Path to Recovery

Gamblers Anonymous/Gam-Anon Mini Conference

September 9, 2023

Redeemer Lutheran Church

229 Cowperthwaite Place

Westfield, NJ 07090

For more information, email ies@gamblersanonymous.org.

Abstinence vs. Recovery
Gamblers Anonymous Area 10 Mini Conference
September 8 – 10, 2023
 Doubletree by Hilton Hotel
 6200 Quarry Lane
 Independence, OH 44131
 For more information, email GA.Area10@yahoo.com.

2023 Chicagoland Intergroup
Fall 2023 International Conference
November 17 – 19, 2023
 Hilton Oak Brook Hills Resort & Conference Center
 3500 Midwest Road, Oak Brook, IL 60523
 For more information, visit their website at
www.internationalconference2023.org

**INDIVIDUAL LIFELINER DONATIONS
 RECEIVED IN THE MONTH OF
 MAY 2023**

ARIZONA		L116	Rob D.
L60	Sue V.	L117	Steve F.
L61	Ralph V.	L120	Phil C.
L211	Jim L.	L151	Murray F.
L221	Janat G.	L158	Gagik G.
L267	Penny V.	L161	Patricia A.
L287	James S.	L209	Jose C.
L396	Pam K.	L219	Leonard K.
L546	Mo M.	L246	Patrick S.
L692	Doug G.	L273	Victor S.
L964	Gregory B.	L298	Cathy F.
CALIFORNIA		L301	Steve K. x2
L1	Bob W.	L314	Alan S.
L6	Bill S.	L367	Jerry L.
L8	Dan B.	L390	Jack R.
L9	Mike M.	L408	Ira B.
L18	Chris G.	L419	Rufus B.
L19	Wendy B.	L432	Patrick P.
L21	Ed E.	L453	Bennett S.
L31	Russell H.	L480	Ezra B.
L70	Keith B.	L496	Guy H.
L73	Karen H.	L563	Zach Mc.
L87	Mike S.	L580	Curtis G.
L88	Valerie D.	L593	Grant M.
L93	Hamid K.	L601	David L.
L100	Mazi S.	L609	Kathie S.

CALIFORNIA (cont)

L617 Mike Z.
 L623 Lucille T.
 L636 Bob C.
 L648 Edward K.
 L678 Lynell B.
 L701 David L.
 L716 James B.
 L772 Ara H.
 L834 Candice B.
 L836 Albert Y.
 L871 Greg D.
 L907 Joseph G.
 L908 Jordan K.
 L920 Jane J.
 L946 Estella M.
 L963 Eric F.
 L965 Brandon S.
 L968 Ralph G.
 L994 Mike H.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.
 L978 Paul D.

FLORIDA

L2 Bill B.
 L48 Janet S.
 L81 Paulette T.
 L97 Chuck R.
 L143 Neal G.
 L160 Jim C.
 L175 Lloyd A.
 L205 Steve P.
 L225 Kevin K. x2
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L313 Herman G.
 L351 Russell H.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L627 Pauline F.
 L695 Ronald B.

L815 Linda S.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L956 Thomas C.
 L979 Rebecca P.
 L993 Carlos M.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L962 Cynthia M.
 L977 Donna M.

INDIANA

L880 Fred B.

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L947 Gary B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MARYLAND

L162 Jim D.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.
 L565 Corey J.

NEVADA

L75 K.C. B.
 L150 Rollo V.
 L317 Pat M.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L561 Pilar L. x2

NEVADA (cont)

L599 Igor K.
 L612 Dan Mc.
 L669 Terri R.
 L690 Lenore D.
 L837 Harriet K. x2
 L841 Rob P.
 L846 Bobby B.
 L974 Mark G.
 L975 Larry S.
 L976 Steve D.
 L987 De Ila M.
 L988 Jeffrey R.

NEW JERSEY

L174 Mike D.
 L179 Chris N.
 L183 Robin D.
 L197 Vincent B.
 L223 Fred D.
 L266 Kivey G.
 L311 Andrew D.
 L356 Andy R.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L482 Ann K.
 L497 Dave S.
 L524 Richard T.
 L589 Ronald W.
 L651 Lewis H.
 L699 Craig H.
 L856 Scott B.
 L863 Kathleen P.
 L961 Tom C. x2
 L985 Tristan D. x2

NEW MEXICO

L572 Liane M.
 L662 Joel K.
 L847 Catherine B.
 L906 Mary F.

NEW YORK

L278 Harlan S. x2
 L308 Jordan P.
 L465 Mohammed M.
 L516 Susan W.
 L826 Mitchell M.
 L852 Norberto B.
 L882 Joe B. x2

L887 Pierre J. x2
 L951 Brad B. x2

NORTH CAROLINA

L493 Gary G.
 L494 Mary D.
 L495 Tina V.
 L498 Suzanne R.
 L499 Mike S.
 L500 Sammy D.
 L503 John J.
 L504 Vivian W.
 L506 Chuck T.
 L510 Eric S.
 L513 John B.
 L514 Silvia G.
 L515 Donna M.
 L518 Toby G.

OHIO

L948 Edward G.
 L986 Anthony K. x2

OREGON

L584 Curt P.
 L881 Pam B.
 L912 David U.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L820 Josh S.
 L822 David S.
 L923 Mary M.

SOUTH CAROLINA

L460 Louis M.
 L981 Michael A.

TEXAS

L245 Alan S.

WASHINGTON

L425 Terry D.
 L878 Sandy L.

WISCONSIN

L443 Constance T.

CANADA

L257 Andre G.
 L647 Debra B.
 L984 Steve L.

MEXICO

L940 Martha G.

INDIVIDUAL LIFELINER DONATIONS MAY 2023

ARIZONA (10)	275.00	NEVADA (21)	570.00
CALIFORNIA (59)	4,819.00	NEW JERSEY (21)	557.00
COLORADO (1)	25.00	NEW MEXICO (4)	70.00
CONNECTICUT (2)	25.00	NEW YORK (9)	393.00
FLORIDA (34)	1,230.00	NORTH CAROLINA (14)	85.00
GEORGIA (1)	80.00	OHIO (2)	120.00
HAWAII (2)	77.00	OREGON (3)	70.00
ILLINOIS (5)	50.00	PENNSYLVANIA (6)	168.00
INDIANA (1)	15.00	SOUTH CAROLINA (2)	308.00
KENTUCKY (3)	260.00	TEXAS (1)	50.00
LOUISIANA (2)	20.00	WASHINGTON (2)	150.00
MASSACHUSETTS (2)	71.00	WISCONSIN (1)	15.00
MARYLAND (1)	15.00	CANADA (3)	105.00
MICHIGAN (1)	5.00	MEXICO (1)	20.00
MINNESOTA (2)	190.00	TOTAL (216)	\$9,838.00

ANNIVERSARIES

53 YEARS	STEVE C.	5/31	Monterey Zoom, CA
43 YEARS	DON S.	6/2	Broomall, PA
41 YEARS	GUY T.	6/5	Oceanside, CA
35 YEARS	STEVE G.	6/20	Wantagh, NY
33 YEARS	JEFF M.	6/6	Langhorne, PA
	JIM P.	6/6	Roxboro, PA
31 YEARS	TERRY D.	6/15	Plymouth Meeting, PA
30 YEARS	TOM P.	6/4	Las Vegas, NV
28 YEARS	LARRY H.	6/9	Broomall, PA
	ANDY D.	6/12	Somerdale, NJ
	TOM H.	6/13	Voorhees, NJ
27 YEARS	PHIL S.	3/11	Algonquin, IL
26 YEARS	CONNIE M.	4/11	Vancouver, WA
25 YEARS	MARK M.	4/11	Bloomington, IL
	CHARLES S.	6/11	Chester, PA
	CHRIS R.	6/17	East Northport, NY
24 YEARS	TRAVIS M.	6/22	Henderson, NV
23 YEARS	JEFF J. I	5/7	Dayton, OH
	GISELLA S.	6/5	Las Vegas, NV
21 YEARS	MIKE M.	6/16	Broomall, PA
	FAYE P.	6/19	Las Vegas, NV
	BEN S.	6/29	San Diego, CA
20 YEARS	JoJo B.	6/3	Oxnard, CA
	RICK I.	6/27	Voorhees, NJ
19 YEARS	GEORGE T.	6/3	Willow Grove, PA
	LYNELL B.	6/24	Los Angeles/Hollywood, CA

18 YEARS	BILL K.	6/6	Bowmansville, NY
	DOUG E.	6/22	San Diego, CA
	GREG M.	6/23	Broomall, PA
	JENNY F.	6/30	San Diego, CA
17 YEARS	JEFF J. II	5/4	Dayton, OH
	CHRISTY C.	6/1	San Diego, CA
	JOHN B.	6/3	Oxnard, CA
	ELYSE M.	6/5	Henderson, NV
	SEAN N.	6/19	Burbank, CA
	STU B.	6/19	Woodbury, NY
	PAT M.	6/23	Las Vegas, NV
	RUBY B.	6/27	San Diego, CA
15 YEARS	HAROLD C.	6/4	West Seneca, NY
	MIKE D.	6/18	NE Philadelphia, PA
	JOHN N.	6/26	Oceanside, NY
14 YEARS	BOB D.	5/19	Hoffman Estates, IL
	WAYNE M.	6/7	Rockville Centre, NY
	JOEL S.	6/12	Smithtown, NY
	PETE C.	6/14	Willow Grove, PA
	GUY H.	6/19	Burbank, CA
	DONALD S.	6/30	San Diego, CA
13 YEARS	BELINDA L.	6/21	Las Vegas, NV
	MARY M.	6/23	Nazareth, PA
12 YEARS	STU S.	6/6	Baldwin, NY
	WALT T.	6/8	Fort Worth Online, TX
	MARY M.	6/11	Nazareth, PA
	MARY M.	6/20	Voorhees, NJ
11 YEARS	SARA J.	6/1	San Diego, CA
	MARK S.	6/1	Las Vegas, NV
	MARLA J.	6/3	Hunting Park, PA
	BOB T.	6/4	Ventura Zoom, CA
	MIKE C.	6/14	Patchogue, NY
	MARCELLA H.	6/22	Wantagh, NY
10 YEARS	JOHN H.	3/9	Sacramento, CA
	AL A.	5/3	Naperville, IL
	GARY D.	5/26	Buffalo Grove, IL
	CARLTON O.	6/4	Dallas, TX
	JACK M.	6/5	Doylestown, PA
	FRANK L.	6/12	San Diego, CA
	MARLENE S.	6/21	San Diego, CA
9 YEARS	MICHAEL G.	6/15	Paramount/Lakewood, CA
	CHARLIE N.	6/19	Lindenhurst, NY
8 YEARS	DAVE M.	6/2	Trappe, PA
	JEFF L.	6/3	Doylestown, PA
	DON C.	6/15	San Diego, CA
	JEFF A.	6/18	Nazareth, PA
	DARRIN W.	6/27	San Diego, CA
	GREG S.	6/28	San Diego, CA
7 YEARS	JAMES B.	4/14	Sacramento, CA
	FRANK B.	6/8	Linwood, NJ
	ROB K.	6/11	San Diego, CA

7 YEARS (cont)	CHANGNYEONG H.	6/18	Changwon, KOR
	SAL B.	6/21	Massapequa Park, NY
	MIKE Sa.	6/25	Las Vegas, NV
	BRIAN A.	6/27	San Diego, CA
6 YEARS	GARRY B.	6/4	Chester, PA
	RON P.	6/6	Voorhees, NJ
	DONNA G.	6/18	San Diego, CA
	JANGPYEONG Y.	6/18	Changwon, KOR
	JOHN H.	6/24	East Northport, NY
5 YEARS	BLAKE R.	6/7	Willow Grove, PA
	SHAH	6/15	Paramount/Lakewood, CA
	LU ANN L.	6/18	Henderson, NV
	MARK J.	6/20	Westlake Village, CA
4 YEARS	COLE	6/23	Reading, PA
	JOANNE R.	6/27	Las Vegas, NV
3 YEARS	CHRIS B.	6/28	Patchogue, NY
2 YEARS	MARK G.	5/6	Dayton, OH
	MATT B.	6/1	Las Vegas, NV
	MATT K.	6/4	Henderson, NV
	STEVE K.	6/4	Fort Worth Online, TX
	YANGDONG J.	6/8	KWANGJU, KOR
	ANTHONY D.	6/12	Ephrata, PA
	ADAM H.	6/20	San Diego, CA
	BARBARA L.	6/24	Reseda Zoom, CA
	ERIC F.	6/24	Los Angeles-Griffith Park, CA
	CONNIE S.	6/25	Las Vegas, NV
	MARGIE G.	6/25	Chester, PA
	JAKE Z.	6/26	Wilmington, DE
	AARON L.	6/27	Baldwin, NY
	KUNPO J.	6/27	Suwoan, KOR
	COLLEEN W.	6/29	San Diego, CA
	PATRICK T.	6/29	Linwood, NJ
1 YEAR	ANTHONY L.	5/13	Fort Worth, TX
	MIKE N.	6/1	Marlton, NJ
	SEOCHO S.	6/3	Seoul, KOR
	SAM G.	6/4	San Diego, CA
	TONY R.	6/6	Lancaster, PA
	APRIL A.	6/8	San Diego, CA
	REILLY L.	6/8	Plymouth Meeting, PA
	IMDONG H.	6/8	Kwangju, KOR
	KOYANG B.	6/9	Ilsan, KOR
	MOKDONG K.	6/10	Seoul, KOR
	BRETT H.	6/13	Lancaster, PA
	DAN M.	6/15	Linwood, NJ
	TONY R.	6/17	Los Angeles/Hollywood, CA
	LEE W.	6/17	Hunting Park, PA
	JON R.	6/19	Doylestown, PA
	TREVOR B.	6/19	Bala Cynwyd, PA
	STACEY H.	6/21	Burbank, North Hollywood Zoom, CA
	MIKE H.	6/21	NE Philadelphia, PA

1 YEAR (cont) ELLEN V.	6/22	North Tonawanda, NY
		Las Vegas, NV
		Bala Cynwyd, PA
		San Diego, CA
		Westlake Village, CA
		Suwoan, KOR
		Jeonju, KOR
		Kwangju, KOR
		Las Vegas, NV
		Plymouth Meeting, PA

**I.S.O. CAN CONTRIBUTIONS
MAY 2023**

CALIFORNIA

C48	Rancho Cucamonga Tuesday Zoom	20.00	C1017 Simi Valley Thursday	60.00
C77	San Diego Intergroup	277.21	C1050 Yuba City Tuesday	30.00
C180	Stockton Tuesday	20.00	C1105 Sacramento Stop & Grow Saturday AM	85.00
C184	Sacramento Tuesday AM	63.00	C1285 Rancho Cucamonga Saturday PM	96.00
C185	Sacramento Thursday	44.00	C1302 Roseville Friday	60.00
C187	Sacramento/Fair Oaks Saturday PM	41.00	C1397 Rancho Cucamonga Tuesday	20.00
C194	Orangevale Friday PM	48.00	C1403 Rancho Cucamonga Wednesday PM	34.00
C413	Rancho Cucamonga Monday	11.00	C1411 Rancho Cucamonga Monday Noon	64.00
C639	Diamond Springs Thursday	46.00	C1417 Rancho Cucamonga Friday	12.00
C765	Fair Oaks Thursday AM	24.00	C1694 Auburn Wednesday	16.66
C863	Rancho Cucamonga Thursday PM	55.00	C1724 Inland Empire Intergroup	41.00
C971	Pinole Monday	50.00		

CONNECTICUT

C682	Middletown Saturday Serenity on the Hill	230.25
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DELAWARE

C128	St. Marks Wednesday	123.00
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FLORIDA

C251	Clearwater/Windmoor Thursday	25.00	C1059 Windmoor/Clearwater Saturday	58.00
C262	Plantation Friday PM	31.00	C1627 Delray Beach Thursday PM	33.00
C263	Plantation Wednesday PM	33.00		

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS

C100 Oaklawn Monday-Saturday		C423 Naperville	27.00
St. Linus	50.00	C1376 Buffalo Grove Friday	40.00
C146 Elgin Sherman Oaks		C1377 Algonquin Tuesday	55.00
Hospital Sunday	23.00	C1412 Algonquin Thursday	45.00
C418 Schaumburg/Bartlett	22.80		

INDIANA

C429 Indianapolis Saturday AM 50.00

MASSACHUSETTS

C792 Hanson Thursday PM 52.00

NEW JERSEY

C1457 Marlton Thursday 20.00

NEVADA

C42 G.A. Of Southern Nevada 1,824.19

OREGON

C1186 Silverton Friday 50.00 C1480 Oregon City Friday 29.00

PENNSYLVANIA

C215 Beaver/Vanport Monday 50.00

**GROUP CONTRIBUTIONS
MAY 2023**

ARIZONA

Phoenix Thursday 46TH/Bell 159.00
Tempe Friday Men's 100.00

CALIFORNIA

Arlington Heights Monday 1.00
Burbank Monday PM 29.00
Burbank Wednesday PM 73.00
Burbank Friday 176.00
Burbank/North Hollywood Zoom 56.86
Downey Saturday 37.00
Hollywood Saturday 25.00

Los Angeles/Griffith Park Saturday 27.00
Lincoln Wednesday 19.00
Lincoln Friday AM 9.00
Lincoln Sunday 59.00
Oakland/Kensington Thursday PM 33.00
Palm Desert Tuesday PM 65.00
Palm Springs Sunday AM 50.00
Reseda Saturday Zoom 25.00
San Jose Monday Beginners 50.00
Santa Monica Wednesday PM 59.00

CONNECTICUT		Edison Saturday AM	150.00
Pawcatuck Tuesday	5.00	Freehold Friday	50.00
DELAWARE		Metuchen Tuesday	50.00
Bethany Beach	30.00	Old Bridge	10.00
Wilmington Wednesday PM	50.00	Pompton Plains Tuesday	125.00
Wilmington Saturday AM	50.00	Ridgewood Wednesday	50.00
FLORIDA		Sayrewoods	50.00
Boca Raton Monday		Toms River Thursday	75.00
Women Helping Women	50.00	Voorhees Saturday	50.00
Boynton Beach Tuesday	20.00	Westwood Monday	25.00
Bradenton Friday AM	50.00	NEVADA	
Coral Spring Saturday AM	50.00	Las Vegas-Nuevo Comienzo	25.00
Daytona Beach Tuesday	90.00	NEW MEXICO	
Delray Beach Thursday		Albuquerque Friday	69.00
Crossroads	116.66	NEW YORK	
Delray Beach Saturday		Bowmansville Monday	50.00
Crossroads	66.66	Clay Friday	40.00
Delray Beach Sunday		Congers Thursday PM	200.00
Crossroads	66.68	Pomona Tuesday	150.00
Fort Myers Thursday	50.00	Staten Island Wednesday-	
Ft. Lauderdale 12 Step House	20.00	St. Vincent	50.00
Maitland Sunday AM	50.00	Staten Island Thursday-	
Plantation Thursday Women's	50.00	Holy Rosary	10.00
Pompano Beach Wednesday	100.00	West Seneca Wednesday	50.00
Port St. Lucie Wednesday	10.00	Woodbury Monday	50.00
GEORGIA		OKLAHOMA	
Norcross Sunday Korean	10.00	South Oklahoma	200.00
ILLINOIS		OREGON	
Aurora Thursday Zoom	2.00	Eugene/Springfield	100.00
Loves Park Monday	50.00	PENNSYLVANIA	
Springfield Sunday PM	25.00	Bala Cynwyd Monday	30.00
St. Charles Thursday	2.00	Bethlehem Thursday	75.00
MASSACHUSETTS		Collegetown/Trappe Thursday	75.00
Millbury Monday	15.00	Doylestown Monday	50.00
MARYLAND		Harrisburg Monday	20.00
Hanover	10.00	Havertown Monday	60.00
MINNESOTA		Media Wednesday	60.00
Southeast Metro	50.00	NE Philadelphia Wednesday	25.00
MISSOURI		RHODE ISLAND	
Arnold Friday	50.00	Rumford Tuesday	70.00
NEW JERSEY		Tiverton	10.00
Carlstadt Wednesday	50.00	Warwick Thursday	10.00

TEXAS

Dallas Pathways Sunday	45.00
Fort Worth Tuesday Online	25.00
You Are Fort Worth It Online	120.00

Tacoma Monday	20.00
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WISCONSIN

Steven Points Monday PM	20.00
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CANADA

ALBERTA

Red Deer	108.90
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NOVA SCOTIA

Antigonish Monday	70.26
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ONTARIO

Thornhill Thursday	200.00
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KOREA

Seoul, Korea	50.00
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WASHINGTON

Bellevue Sunday PM Freedom	125.00
Edgewood	25.00
Issaquah Wednesday	10.00
Mount Vernon Tuesday	50.00
Seattle Tuesday	30.00
Snohomish Friday PM	10.00
Spokane @Country Homes	100.00

**INTERGROUP CONTRIBUTIONS
MAY 2023**

Delaware Valley	150.00	Pittsburgh/Wheeling	400.00
Greater Sacramento	30.00	South Florida	200.00
Inland Empire	100.00	Western Washington	20.00
New England	64.50	Winnipeg	334.00

**NATIONAL HOTLINE DONATIONS
MAY 2023**

Area 1B	Inland Empire	50.00
Area 6	South Florida	40.00

**BULLETIN SUBSCRIPTIONS
MAY 2023**

Four Bulletin Subscriptions for a total of \$204.00

**GRATITUDE WEEK
GROUP CONTRIBUTION
MAY 2023**

ARIZONA
Phoenix Thursday PM
Love Christ

27.00

**ONE TIME DONATIONS
MAY 2023**

One-Time Donation in honor of Zully's birthday,
of Boynton Beach, Florida.
Bill B., Delray Beach, Florida

One-Time Donation from
Writing the Steps Online Meeting, Pennsylvania.
Melissa J., Pennsylvania

One-Time Donation from a recently held conference
as a thank you for all you do.
Western New York Intergroup, New York

One-Time Donation in memory of Mike I. of Las Vegas.
Gamblers Anonymous of Southern Nevada

One-Time Donation in memory of Rich S.,
a good soul and caring G.A. member from Wilmington.
Wilmington Tuesday, Delaware

May Meeting Donation
Board of Regents, California

One-Time Donation from Thursday Surrey, Friday Richmond,
Wednesday White Rock, Sunday Nanaimo,
and Monday Surrey Noon Step.
Greater Vancouver Intergroup,

One-Time Donation from our quarterly potluck.
Greater Sacramento Intergroup, California

One-Time Donation in honor of John W., 30 years,
and Fred W., 16 years from Rochester.
Intergroup Upstate New York, New York

One-Time Donation in memory of my father, Jim S.
from Nebraska.
James S., Tempe, Arizona

One-Time Donation
Andy D., Dee Why, NSW, Australia

One-Time Donation
Marc L., Prescott, Arizona

One-Time Donation in honor of Connie M., 26 years
and Loretta S., 15 years, both from Vancouver, Washington.
Anonymous, Oregon

One-Time Donation in honor of Chris M., 11 years
of Portland, Oregon.
Anonymous, Oregon

One-Time Donation in honor of Eric R., 6 years
of Eugene, Oregon.
Anonymous, Oregon

One-Time Donation
Sunday A.M. phone meeting, Miscellaneous Areas

One-Time Donation
Area 23, Rio, Brazil

One-Time Donation
Area 23A, Sao Paulo, Brazil

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
MAY 2023**

CASH IN OPERATING ACCOUNT MAY 1, 2023		\$ 83,574.41
INCOME FOR MAY 2023		
Group Contributions	5,365.02	
Lifeliners	9,828.00	
I.S.O. Can Contributions	4,099.11	
Intergroup Contributions	1,298.50	
National Hotline Donations	90.00	
One-Time Donations	1,820.22	
Gratitude Week	27.00	
Bulletin Subscriptions	204.00	
Ohio B.O.T. Mtg. Donations	1,009.15	
Ohio B.O.T. Mtg Registrations	2,550.00	
Sale of Literature	19,413.36	
Literature Shipping	3,757.00	
Sales Tax Collected	108.06	
E-Reader	19.24	
Merchant Services Cash Reward	3.82	
Interest From Checking Account70	
Bank Adjustment09	
PayPal Literature Processing Fees	834.64	
TOTAL		<u>\$ 50,427.91</u>
CASH AVAILABLE FOR MAY EXPENSES FOR MAY		\$134,002.32
Rent & Cam Fees	4,315.20	
Payroll	17,173.78	
Payroll Taxes (Federal & State)	1,380.06	
Payroll Processing Fees	206.91	
Office Expenses	520.74	
Health Insurance	1,944.82	
Telephone	454.17	
Electric Bill	170.80	
Gas Bill	51.24	
Maintenance/Monitoring ADT Alarm	42.55	
Monthly Air Conditioning/Heater Maintenance	30.00	
Match For Employees Simple IRA	448.98	
Spring 2023 Chair B.O.R. Mtg. Expenses	1,080.40	
Spring 2023 IES B.O.T. Mtg Expenses	547.02	
Spring 2023 B.O.T. Mtg. Conference Expenses	2,775.45	
Visa/MC Service Fee	156.35	
Returned Check Charge	27.00	
Bank Deposit Adjustment	108.90	
Literature	10,357.29	
PayPal Literature Processing Fees	834.64	
Postage	4,000.00	
Lifeline Bulletins	513.56	
TOTAL EXPENSES		<u>\$ 47,139.86</u>
MONTHLY NET INCOME (NET LOSS)		\$ 3,288.05
CASH IN OPERATING ACCOUNT AS OF MAY 31, 2023,		\$ 88,814.46
FISCAL YEAR STARTING JULY 1ST TO DATE NET INCOME		
(NET LOSS)		- \$ (3,824.86)

Literature Sale!

**Effective January 1, 2023, prices on items shown
below have been reduced while stock lasts.**

Reduced Price

- 0.25 Suggestions for a Successful 90-Day Room
- 1.00 Handbook for Judiciary, Lawyers, Counselors, etc
- 1.00 Towards Recovery in Prison
- 0.25 Have I Quit the Fellowship?
- 5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
- 1.50 Spanish Working the Steps Pamphlet
- 0.75 Spanish Beyond 90 Days Booklet
- 0.50 Spanish Let it Stay Here - Card
- 0.25 **Spanish** G.A. Coins
- 2.50 Spanish Slogans of the Program - Cards
- 0.50 Spanish Coping With Urges
- 0.50 Spanish Your First Meeting
- 0.50 Spanish New Member Retention
- 0.25 GA Treasury Guideline Example
- 1.75 Group Study Book on Unity Steps
- 1.50 G.A. Intergroup Handbook
- 0.75 G.A. Suggestions for New Member Retention
- 2.00 Beyond 90 Days on CD
- \$ 2.00 Towards 90 Days on CD
- \$ 3.00 Big Steve DVD
- \$ 3.00 Even Up The Odds DVD

2023 Fall International Conference

Chicago • November 17 - 19, 2023

Hilton Oak Brook Hills Resort and Conference Center
3500 Midwest Road, Oak Brook, IL 60523

Plan	Package	Conference and Meals
A	Registration and 2 Dinners	\$225.00
B	Registration Only (Includes Lunch Voucher)	\$75.00
C	1 Friday Dinner Only	\$75.00
D	1 Saturday Dinner Only	\$75.00

Room Rates of \$120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON. When booking your room, use the group code: CHIIIC and mention "2023 Fall Conference" to receive the discounted rates. Or use the following link:

<https://www.hilton.com/en/attend-my-event/chibhhh-chiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/>

For additional info, visit our website: www.internationalconference2023.org

RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023

TO RECEIVE THE CONFERENCE RATE

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O'HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

– 2023 International Conference Registration Form –

Registrant #1

Full name: (Required) _____

Plan(s) Selected: _____ Name on Badge _____

Check (X) One: GA _____ GAM-ANON _____ NON-AFFILIATED _____

Phone Number: _____ Email: _____

Street Address: _____

City: _____ State/Province: _____ Country _____

Registrant #2

Full name: (Required) _____

Plan(s) Selected: _____ Name on Badge _____

Check (X) One: GA _____ GAM-ANON _____ NON-AFFILIATED _____

Phone Number: _____ Email: _____

Street Address: _____

City: _____ State/Province: _____ Country _____

Amount Enclosed: _____ (\$100 Minimum Deposit. Balance due by 11/1/2023)

*Checks or money orders payable to **Chicago International Conference** can be mailed with complete Registration Form to:*

Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532

For additional payment information and more details, please see online instructions.

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!